

TOBYHANNA REPORTER

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Vol. 55, No. 4 **TOBYHANNA ARMY DEPOT, TOBYHANNA, PA.** **(WWW.TOBYHANNA.ARMY.MIL)** **FEBRUARY 22, 2011**

News Notes

Hearts Apart group meets

The Hearts Apart Waiting Families Support Group will meet from 5 to 7 p.m. on March 22 in the Chapel Fellowship Hall, Building 1008.

Presentations will cover topics such as stress, deployment, surviving the holidays, and reunion and homecoming. A light dinner will be served and free child care is available.

Waiting Families is a support service to families, military members and civilians who are living apart due to mission requirements.

For more information, contact Linda Kerr, 570-615-6682 or linda.kerr@us.army.mil.

Camp registration opens soon

Summer camp registrations will be accepted between 10 a.m. to 3 p.m. on March 17, 18, 21, 22 and 23. To make an appointment, call Parent Central Services, 570-615-6559.

Child, Youth and School services are available to active duty military personnel, appropriated and non-appropriated fund employees, Defense Department civilians and contractors, reservists on active duty or personnel here in training status.

Chapel conducts services

The depot chapel conducts worship services every Sunday. A Bible study takes place at 10 a.m. followed by the service at 11 a.m. and a fellowship hour.

For more information call Chaplain (Maj.) Jeffrey Brooks, X59689 or X58873.

Online shopping available

Personnel can view and purchase items at the One Stop Shop 24 hours a day by visiting www.tyadonestopshop.com.

The shop also has a new website for library items, <http://mylibraryus.fmwv.net/search~S59>.

For more information, call X58851.

Tobyanna opens automated paint facility

by **Jacqueline Boucher**
Assistant Editor

Tobyhanna recently opened an automated facility designed to streamline the painting process for parts on high tech systems.

Employees in the Component Paint Branch took their places in the state-of-the-art liquid paint process line Feb. 14, as parts

began traveling along an overhead monorail conveyor system. The conveyor carries parts from a loading point through the prime and paint process, to an unloading point.

Efficient and cost effective, the new conveyor line will help ensure personnel work at a much more consistent and sustained speed, according to Jay Wilson, branch chief. He also noted that this concept will minimize material handling.

“The goal is to achieve a one-piece flow; moving the parts through the shops, then to the customer quickly and efficiently,” Wilson said. “Everyone is working hard to get this system up and running. We still have some kinks to work out, but I believe the depot will benefit from this process.”

For instance, Wilson explained that a new energy recovery effort will use new technology to reduce natural gas consumption. Equipment being used on the new operation will capture the heat energy of exhausted air and use it to preheat the incoming raw outdoor air.

“The liquid paint line is just another example of why Tobyhanna is the choice for units looking to get their equipment refinished at a competitive price while maintaining a quality product,” said Edward George, painter.

Workers no longer need to move items from place to place in the process line; the product comes to them and at a rate of production set by the manager. When the product enters the spray booth, the workers are already there and ready. Parts are suspended from the conveyor by special attachments or load bars.

“The liquid paint line will reduce material movement within the paint shop,” said Lawrence Lukasik, painter helper. “It will also help productivity by combining the primer and top coat processes into one.”

To hone their skills on the new system, employees work rotating shifts in the new facility. The new operation uses four painters to apply primer and top coat paint while painter helpers load and unload the parts.

“It’s not a question of training,” Wilson said, referring to the painters using the new facility. “More like learning how to adapt individual techniques within the new process. It’s a different way of painting.”

Wilson noted that Tobyhanna uses state-of-the-art equipment like the liquid paint process line to provide first-rate products to service members around the world.

“I feel that the new line will be beneficial to the warfighter,” said Joshua Andrukitis, painter. “We will be able to produce a quality product and get it to the field quicker.”



Joshua Andrukitis (kneeling) and William Legg hone their skills while applying primer to parts traveling through the new liquid paint process line. (Photo by Tony Medici)

Employee performance earns accolades

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Auditors take closer look at quality processes

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Traditional diets out, healthy eating in

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Daily conversations with someone who understands what you’re going through

CHAPLAIN’S CORNER

by Chaplain (Maj.) Jeffrey L. Brooks

Have you ever had a time in your life when you said, “I wish I could find someone somewhere who could understand what I am going through?”

The Bible says nothing in all creation is hidden from God’s sight (Hebrews 4:13, New International Version). Great is our Lord and mighty in power; his understanding has no limit (Psalm 147:5). God knows everything, about everyone, everywhere.

When I was a little boy, my parents took me to New York City to see the Macy’s Thanksgiving Day Parade. Two things that I will never forget about that trip were how cold it was and all the people that I saw standing shoulder-to-shoulder trying their best to get a good view of what was coming down the road. I remember trying to get through the crowd and trying to find something to stand upon so that I could get my head up high enough to see what was coming toward me.

The truth is, if a person could figure out how to get up high enough, he could see the beginning and the end of the parade all at once. And the good news is, our Lord is up high enough to see and know what we will be facing in the future — he knows what is coming toward us and what we will be facing.

So the question is, “What should we do?” I want to challenge you to take time every day to talk to God about what you are going through and to ask him to bless what is coming toward you and what you will be facing each day. Cast all your anxiety on him because he cares for you (1 Peter 5:7, NIV).



Look out below

As a safety precaution, workers remove the snow and ice accumulation from the canopy in front of Building 11. Since January, four vehicles sustained damage and one employee experienced a near miss from falling snow and ice, according to Safety Division officials. Employees are cautioned not to park or work close to or under building roof canopies when snow and ice accumulations are present. Public Works Directorate personnel have posted new “Caution Falling Snow and Ice” signs where roof overhangs and canopies have been built. Tobyhanna employees are reminded to use established safety techniques whenever and wherever they are on the installation or at home — be aware of surroundings, drive for the conditions and remain alert for possible hazards. (Photo by Steve Grzezdinski)

STAY TUNED

Local media announce weather delays, closures

TELEVISION STATIONS	AM RADIO STATIONS	FM RADIO STATIONS
WNEP, Channel 16 WYOU, Channel 22 WBRE, Channel 28	WAEB, 790 (Allentown) WARM, 590 (Scranton) WKAP, 1470 (Allentown) WEJL (ESPN), 630 (Scranton) WILK, 910/980 (Pittston) WICK, 1400 (Scranton)	WAEB, 104.1 (Allentown) WMGH, 105.5 (Allentown) WKAB, 103.5 (Berwick) WMGS, 92.9 (Scranton) WKRZ, 98.5 (Pittston) WGGY, 101.3 (Pittston) WWDL, 105 (Scranton) WEZX, 106.9 (Scranton)

Winter weather often produces hazardous conditions that may impact the depot's operational status. Public announcements regarding depot closings or starting time delays will be provided to local television and radio stations, and recorded on a toll free information hotline. Employees are encouraged to tune in to the media outlets listed above or call 1-800-429-4496 to hear the recorded announcement.

THANKS

On behalf of the residents of the Gino J. Merli Veterans’ Center, I’d like to thank the members of the Tobyhanna Veterans Council for their recent monetary donation.

The gift has been placed in the residents welfare fund and will be used to support activities at the center.

The continuing support of the Tobyhanna Veterans Council for our residents is appreciated by everyone at the center.

Sincerely,
Tom Bufano
Volunteer Resources Coordinator

TOBYHANNA REPORTER

The *Tobyhanna Reporter* is an authorized, biweekly publication for members of the Department of Defense. Contents of the *Tobyhanna Reporter* are not necessarily the official views of, or endorsed by, the U.S. government, the Department of Defense or the Department of the Army.

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The editor reserves the right to edit all information

submitted for publication.

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The *Tobyhanna Reporter* staff can be reached by electronic mail using the following addresses:
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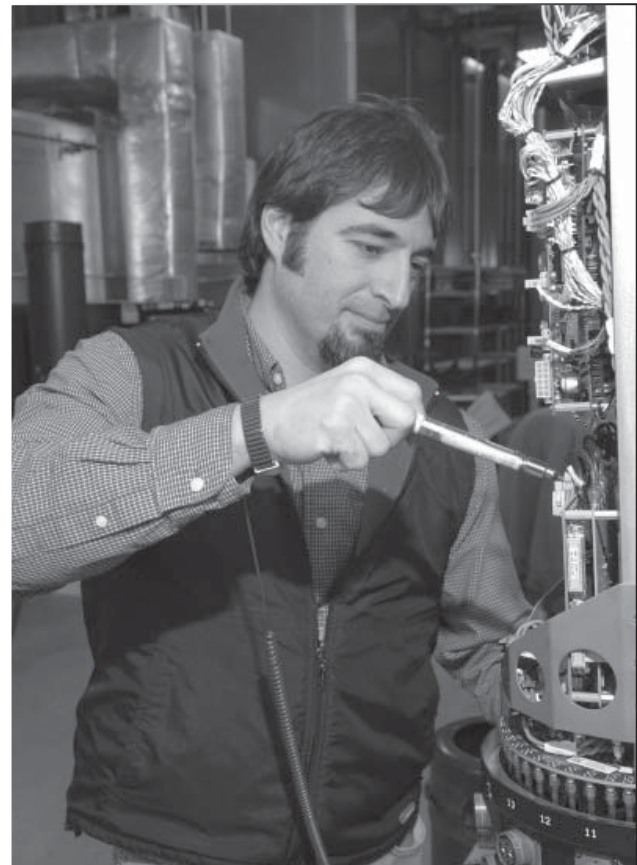
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TEAM TOBYHANNA

EXCELLENCE IN ELECTRONICS



Constantine (Dean) Georgiades works on the Lightweight Counter Mortar Radar electronics cylinder assembly. (Photos by Tony Medici)



Patrick Ward checks equipment daily to make sure everything is working properly. Other assignments include performing fire inspections at locations around the depot or conducting training.

Hard work pays off for Tobyhanna personnel; 2 earn annual Army C4ISR employee awards

**by Jacqueline Boucher
Assistant Editor**

A Tobyhanna firefighter and an equipment specialist took top honors in an annual command-level competition. Constantine (Dean) Georgiades and Patrick Ward were named the 2010 Army Team C4ISR Employee of the Year in the senior and junior categories, respectively. They will receive their awards during a ceremony scheduled for March 25 at Fort Monmouth.

“The accomplishments of one individual are the sum of the efforts of those he works with,” said Georgiades, equipment specialist in the Production Engineering Directorate’s ISR Engineering Branch. “I appreciate the recognition and it’s an honor to be named the Employee of the Year; however, I would like to recognize the people I work with and the troops we support for their efforts as well.”

Georgiades was named Tobyhanna’s second 2010 Employee of the Quarter for his role in expediting the fielding of several Lightweight Counter Mortar Radar (LCMR) systems in fiscal year 2010. He’s worked here for six years.

“Dean is the kind of guy people like to work with,”

said Mark Viola, C4ISR Division chief, explaining that Georgiades was instrumental in the development and integration of the mechanical live-fire test station (M-LFITS) which led to an increase in productivity. “There are many depot employees with the same great work ethic as Dean, but few, if any with a better one.”

Georgiades and other depot personnel test new and repaired AN/TPQ-48 LCMR systems using a mechanical live-fire test simulator that replicates war zone scenarios. LCMR provides early detection and warning of mortar fire so U.S. forces can suppress or destroy the threat.

“LCMR is just one of the challenges Tobyhanna faces and I am glad to be a part of that team,” Georgiades said, noting that the work accomplished here protects warfighters in the field. “We are always striving to provide better support to the troops in the field and in the states getting ready to deploy. As the mission changes, so do we,” he said.

Ward was named the third 2010 CECOM Life Cycle Management Command’s Employee of the Quarter, for assisting with the design and configuration of the new mobile equipment fire apparatus. The state-of-the-art fire vehicle boosts the fire department’s ability to respond to emergencies and deliver lifesaving resources.

“Patrick sets the example for his fellow firemen by not only performing his daily duties, but by taking on added workload and responsibility,” said A.J. Gilgallon, assistant fire chief. “He saw a need and without hesitation took it upon himself to head up the [fire vehicle] project.”

According to Ward, everyone at the fire department played a role in designing the new engine. The vehicle combines the capabilities of a pumper and rescue truck into one. In addition to the Jaws of Life, there are vehicle rescue and machinery tools, hazardous material and water rescue equipment, plus firefighting gear on board the truck.

“This is my life,” Ward said, describing his job as “exhilarating” and “exciting.” As a member of the Fire and Emergency Services Division, he’s trained as a firefighter, emergency medical technician, and hazardous material technician.

“I would do this job even if I didn’t get paid,” he said. “That’s just an added bonus for doing what I love to do.”

Ward joined Team Tobyhanna eight years ago. He also volunteers at two civilian fire departments — he’s the deputy fire chief in West Hazleton and a firefighter in Bladensburg, Prince George’s County, Md. In addition, he’s a member of the Pennsylvania Urban Search and Rescue Team.

Gates, Mullen support force reduction plans for Army, Marine Corps

**by Donna Miles
American Forces Press Service**

WASHINGTON — Reductions in end strength for the Army and Marine Corps beginning in 2015 will be conditions-based, and can be tailored if required when the time comes to implement them, defense leaders told Congress Feb. 16.

Defense Secretary Robert M. Gates and Navy Adm. Mike Mullen, chairman of the Joint Chiefs of Staff, told the House Armed Services Committee they support plans to reduce ground forces end strength. The plan factors in the drawdown of all U.S. forces in Iraq by the year’s end, and a reduction of

forces in Afghanistan, Gates told the panel.

“A big assumption in this is that we have a very much smaller presence in Afghanistan at the end of 2014 than we do now,” he said. “And I think you will know as early as the end of 2012 [or] beginning of 2013 whether that is going to happen.”

Gates and Mullen said the plan also supports continuing efforts to increase “dwell time” at home stations between deployments.

The Marine Corps leadership fully supports reducing the Corps’ end strength when it completes operations in Afghanistan, Gates said. Both Marine Corps Commandant Gen. James F. Amos and his predecessor, retired Gen. James T. Conway, believe the

current Marine Corps is “both too large and too heavy to fulfill its traditional missions going forward,” the secretary said.

“They are the nation’s second land force, which is not what they want to be,” Mullen said. “And they have got to get back to some degree, as we move ahead, to their roots — which is lighter and smaller.”

Though it’s still unclear exactly how many combat brigades the Army will require, Mullen said, plans generally call for between six and 10.

“The Army has become much more expeditionary, and that is where we are headed,” Mullen said. “And I am very comfortable with that.”

Mullen said he’s also comfortable that end-strength decisions aren’t locked in stone. The service chiefs will have ample opportunity to change their recommendations if the conditions warrant it, he said.

But at a time when the military is seeking efficiencies and the most effective use of every defense dollar, the chairman said, personnel costs have to be addressed. The service chiefs report that when factoring in military, civilian and direct-support contractors, personnel costs represent 60 to 70 percent of their budgets, he noted.

“We are on our way to becoming almost immobilized by just what it costs in terms of our people,” he told the committee.

Depot preps for quality audit

by **Jacqueline Boucher**
Assistant Editor

In April, Tobyhanna’s processes will be weighed and measured against a set of internationally recognized standards for getting quality products to the customer.

Employees in more than 50 percent of the depot’s organizations are prepped for the final stage of Tobyhanna’s first Aerospace Standard (AS) 9100/9110 certification audit scheduled for April 11-15. The certification is conducted in two stages: documentation audit and compliance audit. The documentation portion was completed by AS auditors in November.

“Many companies require AS certification before approaching an organization with potential workload,” said Larry Bulanda, Quality Management Division (QMD) chief. “Ninety-nine percent of what is in these standards is common sense things that allow a business to turn out a quality product.”

The AS 9100/9110 certification signifies the depot’s commitment to meet or exceed increasingly stringent industry requirements as

a world-class supplier of defense systems and related products to civil and military markets, according QMD officials.

“This certification will open up doors to new work, primarily in the avionics arena where it’s required by the customer,” said George Bellas, director of the Command, Control and Communications (C3)/Avionics Directorate. “It’s also very important to maintain the certification by following our [the depot’s] sustainment plan. Failure to maintain AS 9100/9110 certification can have serious implications.”

Bulanda explained that the AS standards provide everything the depot needs, including a Quality Management System (QMS), to hone its competitive edge. He also remarked that every individual on the depot plays a vital role in the success of the business.

Tobyhanna Army Depot has established, documented, implemented and maintains the QMS and continually improves its effectiveness to meet established standards. All QMS processes are managed by the organization in accordance with the requirements found in the AS standards. It is the quality standard developed for

the aerospace industry.

“The preparation for AS has been a total team effort across the depot,” said Brad Jones, director of Productivity, Improvement and Innovation Directorate. “We all tend to think first of avionics and tactical missiles, but every organization at Tobyhanna has been actively involved and very supportive, from systems integration and support to information management and the union. It’s great to see everybody pull together for something that will benefit the depot overall.”

QMD specialists agree the depot is ready for the upcoming audit. For the last four years, the division employees have helped organizations revise and improve processes to meet the standards.

“We have checklist items we look at,” said Rimas Bildusas, quality assurance specialist. “But we’re also looking to see if processes are complete from A to Z. It’s a team effort from start to finish — we all rely on each other to get product out the door.”

Bellas points out that Tobyhanna is a leader in electro-static discharge control, reducing Test, Measurement and Diagnostic Equipment (TMDE) delinquency rates, and foreign object debris (FOD) control.

“The FOD effort is working in missiles, avionics and a portion of Systems Integration and Support Directorate support shops,” Bellas said. “Employees support this process and ensure others adhere to the requirements.”

If AS 9100/AS 9110 certified, Tobyhanna organizations will undergo periodic internal audits and external audits every six months following certification.

“We must continue to be very proactive in refining our processes to meet the stringent requirements outlined in AS 9100/AS9110,” said Wayne Watkins, Tactical Missile Division chief.

“While the obvious areas of Tobyhanna’s mission directorates would be avionics and tactical missiles, any mission that supports a part of any weapon system that at some point becomes airborne, will need to receive this certification,” Watkins said.



Tom Ohl, electronics mechanic, repairs the Remote Control Unit, which controls the APX-118/123 Identify Friend or Foe (IFF) Digital Transponder. (Photo by Steve Grzedzinski)

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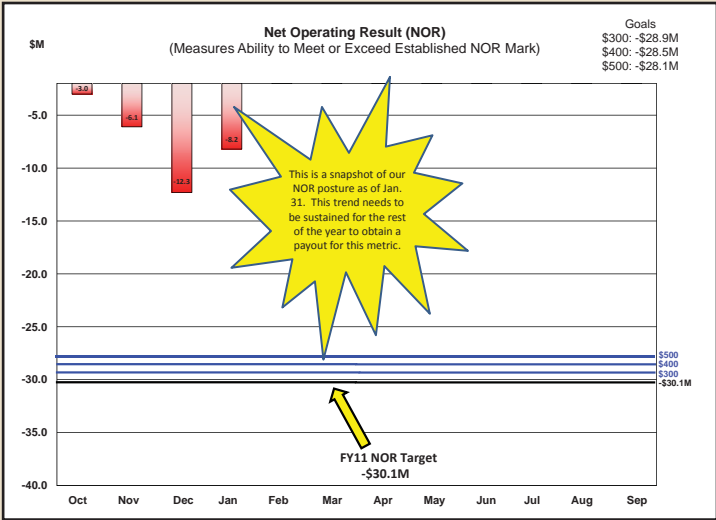
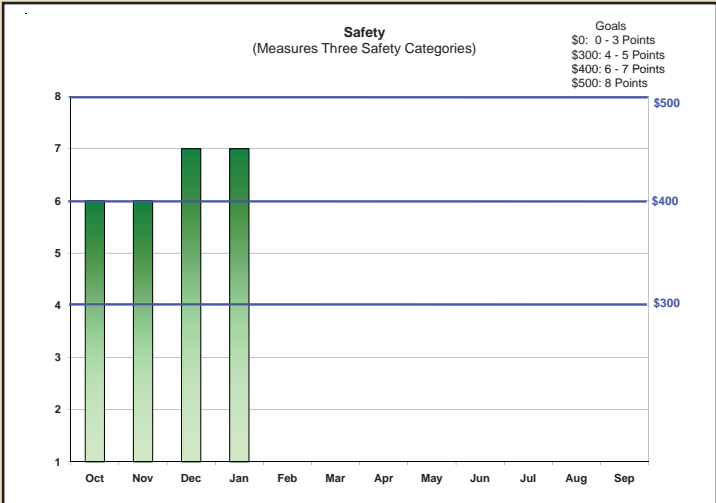
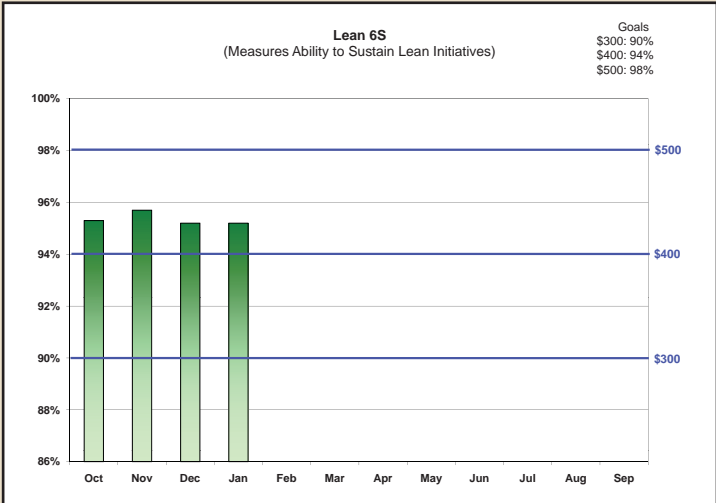
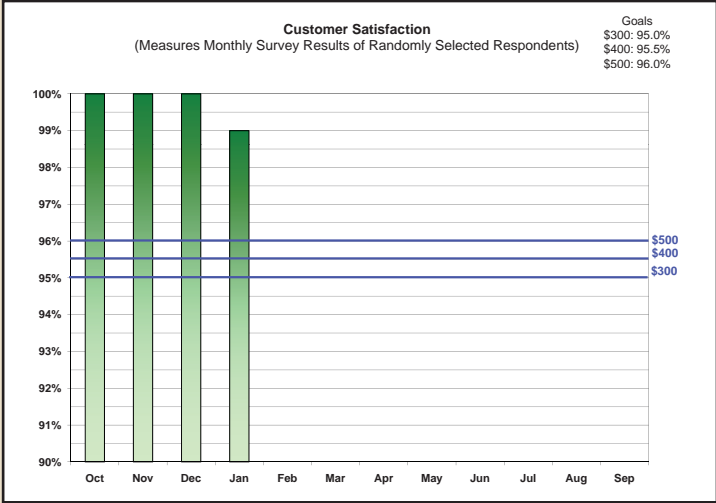
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DEPOT PERFORMANCE IN KEY AREAS

Based on January data, the current projected payout is \$1,800. The employee payout award is based on performance in four areas rather than just the depot’s financial performance as defined by the annual Net Operating Result (NOR). The amounts depicted in the charts represent a “projected payout” based on the depot standing against the stretch goals. Each of the four metrics has a payout potential of \$500 for a potential maximum payout of \$2,000. The final award amount will be determined by the cumulative status in each of the four areas at the end of the fiscal year. Monthly updates will be published in the *Tobyhanna Reporter*.



Healthy eating easier to live with than traditional diets

by Dr. Rick Lippin
Chief, Tobyhanna Occupational Health Clinic

The verdict is pretty much in — traditional diets usually don’t work. One reason for this is that diets often mean denying yourself the pleasure of eating foods that you really enjoy. It is estimated that 95 percent of dieters fail (regain lost weight).

If you are ‘dieting,’ or thinking about it, consider changing your eating lifestyle in which the goal is to eat healthy and thoroughly enjoy the food. Cut back on foods that contain saturated fats, high levels of salt and high levels of refined sugar. After a few months, go back to those foods and you will wonder how you could have eaten them at all, and are likely to never go back to either unhealthy eating or trying fad diets.

So what exactly is a healthy eating lifestyle? You have probably heard it before: Healthy eating starts with learning new ways to eat, such as adding more fresh fruits, vegetables and whole grains. Eating red or processed meats daily is not recommended.

• **Aim for balance.** A change to healthier eating also includes learning about balance, variety and moderation. On most days, eat from each food group — grains, vegetables,



fruits, milk, and meat and other proteins, including beans. Listen to your body. Eat when you're hungry. Stop when you feel satisfied.

• **Look for variety.** Be adventurous. Choose different foods in each food group. For example, don't reach for an apple every time you choose a fruit. Eating a variety of foods each day will help you get all the nutrients you need.

• **Practice moderation.** Don't have too much or too little of one thing. All foods, if eaten in moderation, can be part of healthy eating. Even sweets can be okay on occasion.

Calories do count. Excessive quantities of any food will not help you with your new healthy eating lifestyle. Some tips include eating more slowly; in restaurants, ask for half the entrée portion and the other half to go; ordering two appetizers instead of an entrée; not using large diameter meal plates at home can make portions look smaller.

Fresh fruits and vegetables are fairly easy to come by during the winter months. If fresh isn’t available, try frozen. Quick freezing techniques retains all the nutrients.

Ralph Stola, directorate program manager, Information Management Directorate, has engaged in a healthy eating lifestyle for many years.

“Omnivores by design, I believe we benefit most by eating a variety of foods from each of the food groups,” he said. “I also believe the more we think we understand about nutrition, the more there is to learn. Sometimes it seems that people are more concerned with the quality of fuel they put in their cars than the food they place in their bodies!”

Stola believes that our bodies adapted to and benefit from the many micronutrients yet to be discovered in whole foods.

“That’s why I believe food is more nutritious if eaten in its whole form rather than, for example, fruit in juice

form,” he said. “Another example would be legumes. In my experience, the most benefit is gained by developing a taste for many types of beans rather than one.”

When considering my daily meals, I usually try to remember the acronym CICO, Calories In Calories Out. This is important considering that for every extra 3,500 calories consumed, one gains a pound of weight. The more calories I burn for the day, the more I am allowed to eat without gaining weight!.

Janine Yablonski, the Health Clinic’s supervisor of Industrial Hygiene, has organized a weight loss program here. Although, not formally trained, Yablonski says this about her own experience with the program:

“It’s a lifestyle, not a diet. It teaches you how to eat healthy every day and control portions. Maintaining a food journal helped me track what I ate and held me accountable.

“People need to get away from the ‘all you can eat’ and ‘super-size’ mindset,” she added. “Attending the program meetings provides you with continual support and motivation. We all have to learn to eat healthy for the rest of our lives. I’ve learned the six-week crash diets just don’t work.”

When I went to medical school in the 1970s, doctors in training had little to no instruction in nutrition science. I tell my patients to go to a certified nutritionist for professional advice. See www.nanp.org for good background information.

My own early years growing up on the streets of Philly were a smorgasbord of cheese steaks, pizza, hoagies and processed cakes. My inability to break those early childhood habits accounts for my own weight problem. If I had to do it all over again, I would consider vegetarianism. If done properly, it is probably the healthiest eating lifestyle I can recommend.

Diets are out and a sustained, healthy eating lifestyle is in. Best of luck if you make the switch to lifelong healthier eating.

Indoor Recreational Walking Route

3rd Street

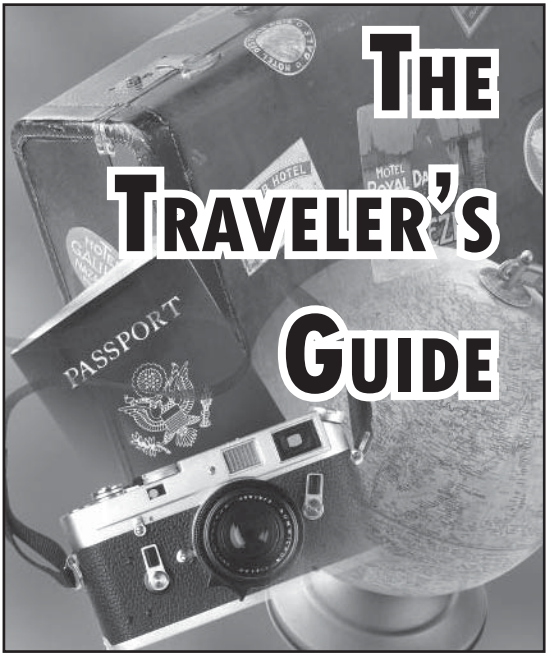
5th Street

Legend

- Defibrillators
- UNMARKED
- MARKED 2010
- Men's Restroom
- Women's Restroom

Walk this way

Depot employees follow the designated .6-mile indoor recreational walking route. During inclement weather, employees can use route that passes through buildings 1A, 1C, 1D and areas of Building 4. Recreational indoor walking in other areas or buildings is unauthorized. Safety officials advise walkers to stay on the main thoroughfares and out of work areas — white circles on the floor will mark the path. Pedestrians also need to steer clear of areas posted as restricted or requiring special safety equipment such as safety glasses, hard hats or steel-toe shoes. For more information, call the safety office, X57029. (Photo by Tony Medici)



Reminder to power down

If traveling by air, personnel are reminded to turn off all electronic devices before takeoff. Many devices transmit a signal and all emit electromagnetic interference that can interfere with navigational equipment. Power down when asked—at least until the aircraft reaches an altitude where select devices are approved for in-flight use.

Authorized PCS expenditures

Personnel can charge transportation, lodging,

meals, temporary quarter’s subsistence and approved house hunting as Permanent Change of Station (PCS) expenses. If the expense is not reimbursable, it cannot be charged to the government travel credit card.

Cardholders encouraged to register

Cardholders are encouraged to obtain electronic access to their Citibank Government Credit Card account. Cardholders who have received their first paper statement from Citibank can click on Self Registration for Cardholders at the website – <https://home.cards.citidirect.com/CommercialCard/Cards.html>. Information needed to register is available on the Citibank paper statement.

Some receipts no longer required

Travelers are no longer required to submit hotel and car rental receipts with a \$0 balance for their DTS (Defense Travel System) vouchers.

Additional fees for rental vehicles

Travelers who smoke in a “non-smoking” rental car are subject to a cleaning fee from the car rental agency. This fee can be as high as \$250 to cover the special cleaning required to remove all traces of tobacco residue and smoky odor from the vehicle. This fee is not reimbursable on the travel voucher; it is the renter’s responsibility to pay the fee. This rule also applies to renters who lose the keys to a car rental.

PUT YOUR THOUGHTS ON



INTERACTIVE CUSTOMER EVALUATION

- Rate internal support
- Share recognition
- Provide constructive criticism
- Offer suggestions for improvements
- Be anonymous or request a response

<http://ice.disa.mil>

COMMUNITY BULLETIN

Editor’s Note: The Community Bulletin provides an avenue for depot and tenant employees to advertise van or car pools, and for-sale items. Money making items such as rentals and personal business will not be accepted.

Information must be submitted via e-mail to Jacqueline.Boucher@us.army.mil, or written items can be mailed to the Public Affairs Office, mail stop 5076.

Submissions must include a name and telephone extension. Only home phone numbers will be published in the Trading Post section. Voluntary submission of items constitutes individual’s consent to publish personal information all versions of the *Tobyhanna Reporter*.

Ads will be published in four consecutive newspapers. It is the customer’s responsibility to update or renew items listed in the Community Bulletin.

For information, call Jacqueline Boucher, X58073.

Parsons section, contact Lou Roberts, X57705, 430-4981, or louis.p.roberts@us.army.mil.

Mt. Cobb: 1 opening, 5/4/9, both Fridays, nonsmoking, “A” placard, leaves Mt. Cobb park and ride, contact Pete Pypiak, X58537/X58536, or peter.pypiak@us.army.mil, or Mark Warner, X59317, or mark.warner1@us.army.mil.

New Jersey, Stroudsburg: 3 openings, new van pool forming, pick up point is the Park & Ride off Route 80 in Allamuchy or Hope, N.J., call Robin, X57345.

Nanticoke: 1 opening, 7 a.m. – 4:30 p.m., 5/4/9, both Fridays, everyone drives, “A” placard, nonsmoking, leaves Nanticoke Armory, call Delores Walski, X59848.

Wilkes-Barre/Pittston: 2 openings, 7 a.m. – 3:30 p.m., “A” placard, pick up points are at Route 309/Blackman or the Pittston exit off Route 81, call John, X57007.

Swoyersville, Exeter, Pittston Plaza: 2 openings, van, 7 a.m. – 4:30 p.m., 5/4/9, both Fridays, nonsmoking, call Mike, X59055 or George, X57063.

Dallas: 1 opening, 7:30 a.m. – 4 p.m., “A” placard travels through Shavertown, Luzerne, Wilkes-Barre, to I-81 north then I-380 east, call Ralph Szalkowski, X59559 or Roy Fulkersin, X56120.

Bartonsville: 1 opening, 5/4/9, van, travels from Bartonsville up Route 611 to Tannersville, Scot Run, Swiftwater and Mt. Pocono, call Tom, X56289 or Ed, X58834.

Wilkes-Barre: opening, “A” placard, nonsmoking, 5/4/9, both Fridays, leaves Jack Williams Tire and Auto at 6 a.m., call Jim, X56170.



TRADING POST

Travel trailer: 2003 Coleman Caravan, 25SLB, length 25 feet which expands to 29 feet, good condition, 2 slides, ducted air conditioning, furnace, 6 gallon water heater, front and rear stabilizer jacks, fiberglass exterior, spare tire, full

bathroom w/tub and shower, skylight above tub, 3-burner stove, microwave oven, 2-door refrigerator w/freezer, slide-out queen bed, 2 bunk beds, jack-knife sofa, slide-out booth dinette, AM/FM/CD stereo, awning, outside shower, sleeps 8 (6 comfortably), asking \$10,495, call Ed, 735-8346.

Dryer: Roper electric clothes dryer, model #REX4625EW1, large capacity, made by Whirlpool Corp, in good condition, asking \$100, call Melvin Warner, 234-9253.

Truck cap: A.R.E., navy blue, for 1997-2003 Ford F-150 extended cab, V series, 6 1/2 –foot short bed truck, 23-inches high, 36-inch door clearance, tilt down front window, sliding front window, 12-volt dome light/outside brake light, single t-lock heavy-duty rear door with gas props, ½ slider side windows with screens, fiberglass construction, stock unfinished interior, dark tinted glass, asking \$400, call Ed, 735-8346.

Vehicle: 08 Mazda 5 Sport, 6 passengers, 32,000 miles, factory warranty, excellent condition, 28 MPG, \$12,300, call Jeff, 876-1353.

Pistol barrel: Encore, 14-inch, 22-250 blued w/scope base, forend and pistol stock, \$160; Traditions bolt action inline 50 cal muzzleloader with Simmons 3x9 master scope, \$150, Call 344-4731.

Computer: Dell Dimension 2400, fresh Windows XP boot (SP3), Microsoft Office 2007, 17-inch flat panel monitor, keyboard, mouse, speakers, great student computer, \$300, call John Kasse, 216-0165.

Acoustic guitar: Yamaha FG 700s, sounds great, used twice, great beginners guitar, Yamaha gig bag, guitar stand, instructional DVD, extra strings, string winder, guitar strap, picks, E-media Guitar Method Deluxe Version 5/2 disc CD-ROM learning software w/over 350 lessons, asking \$250 OBO for all. Call or text Jon, 862-2864.

Exercise equipment: Body Solid Universal, excellent condition, paid \$2,800, asking \$800, contact 484-553-5146 or MEP491955@aol.com.



VAN/CAR POOLS

Route 115, Meadow Run Rd., Mountain Lake, Thornhurst, Clifton Beach: 2 openings, 5/4/9, both Fridays, “A” placard, nonsmoking, contact Cindy, X57879. cindy.siblosky@us.army.mil or Rose, X59188, rosemarie.gesell@us.army.mil.

Shavertown, Wilkes-Barre, Pittston: 5/4/9, runs both Friday’s, “A” placard, nonsmoking, call James Eiden, X56170.

Back Mountain: 1 opening, 5/4/9, 7 a.m. to 4:30 p.m., both Fridays, nonsmoking, meets at Thomas’ Supermarket in Shavertown, call Jeff, X59705.

Honesdale: 3 openings, van, 5/4/9, first RDO (can run both), door-to-door pick up, nonsmoking, contact Mike Cook, X56036, michael.leroy.cook@us.army.mil.

Wilkes-Barre: opening, 5/4/9, both Fridays, nonsmoking, first shift, pick up points at Schiel’s Market on George Ave.,

Army requests \$29.5 billion less than last year

by C. Todd Lopez
Army News Service

WASHINGTON — The Army’s fiscal year 2012 budget request includes funding for a 1.5 percent pay raise for Soldiers, a 3.1 percent increase in housing allowance, and a 3.4 percent increase in subsistence.

The Army base budget request for FY 2012 amounts to \$144.9 billion, an increase of just \$1.5 billion over the FY 2011 request. The Army also requested an additional \$71.1 billion for the overseas contingency operations (OCO) budget — to fund operations in Afghanistan and to wrap up operations in Iraq.

The OCO budget request was \$31 billion less than the FY2011 request, said Maj. Gen. Phillip McGhee, director, Army Budget, because Operation New Dawn in Iraq will end in December 2011.

Overall, the Army is asking in FY 2012 for about \$29.5 billion less than it did in FY 2011. One place the Army is not asking for less money is the military personnel budget.

“The Army leadership’s highest priority is caring for our people,” said McGhee. “That is our Soldiers, our families, and our civilian workforce — all with the goal of restoring balance across the Army, (and) continuing to build resiliency to sustain an all-volunteer force.”

The military personnel portion of the base budget comes to \$60.6 billion, by far the largest portion of the Army’s budget. That portion of the budget provides the funding for Soldiers’ pay increase.

“Caring for our Soldiers and sustaining the quality of our all-volunteer force are the top priorities of the Army leadership,” McGhee said. “So in addition to caring for our Soldiers, the military personnel budget of \$60.6 billion also achieves our manning objectives.”

In FY 2012, the Army continues maintaining the total force end strength of 1,110,600 it was authorized in FY 2011. That includes 547,400 for the active force; 358,200 for the Army National Guard; and 205,000 for the Army Reserve.

The OCO budget also includes \$8 billion to support the active Army temporary troop increase of 22,000 Soldiers. That number will decrease to about 14,600 by the end of the year, and will zero out by the end of FY 2013.

The general also said the FY 2012 budget would focus on mainlining the Army’s “combat edge,” on training and equipping Soldiers and units for the current fight, and for reconstituting and modernizing the force.

The \$45 billion operation and maintenance budget request is about a billion higher than last year’s request due primarily to more Soldiers in home station and available for training, McGhee said.



Maj. Gen. Phillip McGhee, director, Army Budget, and Barbara Bonessa, deputy director, Army Budget, discussed the Army’s Fiscal Year 2012 budget request, Feb. 14 at the Pentagon. (Photo by C.Todd Lopez)

The O&M budget, he said, includes “a revised combined arms training strategy, that focuses and shifts training from major combat operations to full-spectrum operations, so funding will support 24 rotations to the Combined Arms Training Centers for all the BCTs and 33 war-fighting exercises for our multi-functional and our functional support brigades.”

The O&M budget also includes \$900 million for recruiting and advertising and initial training for Soldiers; and provides for funding for 73 brigade combat teams, 98 multi-functional support brigades, and 133 functional and support brigades, McGhee said.

The Army’s procurement request for FY 2010 comes to \$22.1 billion, about \$800 million more than last year. The funding will support modernization of the UH-60M/HH-60M Black Hawk helicopter fleet, including \$1.5 billion for some 71 new aircraft. An additional \$1.4 billion is marked for modernization of the CH-47 Chinook helicopter from the “D” to the “F” model. The Army will purchase 32 new Chinooks in FY 2012.

Also part of the procurement budget: 88 Patriot Advanced Capability-3 missiles for \$662 million, 710 Javelin missiles for \$161 million, 2,784 Guided Multiple Launch Rocket System

missiles for \$314 million, and modifications to the Patriot missile system for \$67 million. The Army expects to spend about \$1.4 billion on missile procurement in FY 2012.

The Army also expects in FY 2012 to upgrade 21 Abrams tanks to M1-A2 vehicles, and to convert 100 Strykers into nuclear, biological, chemical reconnaissance vehicles.

As part of its \$5.2 billion facilities budget, the Army will continue with investment in barracks in FY 2012 and will construct 128 new family housing units.

The four military services were directed by Defense Secretary Robert Gates to achieve \$100 billion in efficiencies over the fiscal year 2012 to 2016 Future Years Defense Plan, or FYDP. The services would be allowed to retain and reinvest these efficiency savings in enhancements of their own high-priority war-fighting programs.

“Our DoD efficiency initiatives are enabling the Army to maintain our forces and our force structure in FY 2012,” said McGhee. “It will sustain an Army at war, it does build Soldier and family resiliency and it does help build our full-spectrum readiness and strategic flexibility.”

McGhee said of the \$100 billion the DoD asked the services to find, the Army’s portion comes to \$26 billion. In FY 2012, the Army found \$2.6 billion in savings.



DEPLOYMENT OPPORTUNITY Team Tobyhanna supports warfighter

WHERE:	Retrograde Property Assistance Team yards throughout Southwest Asia to support the equipment draw down in Iraq.
REQUIRED SKILLS:	Logistician and clerical
DUTIES:	Locate and identify C4ISR equipment from various locations, provide units guidance and assistance in support of C4ISR activities, and pack, wrap and ship equipment.
POC:	Richard Sokoloski, X58179, for further details.

Other deployment opportunities: Training is available to individuals interested in volunteering for a deployment or temporary duty assignment. Call points of contact listed below to learn more.

- CREW, X56236 • COMSEC, X59944 • Night Vision CEER-T, X59631 •
- Re-Integration, X57740 • SINCGARS CEER-T, X56516 •

Depot uses several resources to publish operational status

Winter weather often produces hazardous conditions that may impact the depot’s operational status.

Public announcements regarding depot closings or starting time delays will be provided to local television and radio stations, and recorded on a toll free depot information hotline — 1-800-429-4496.

Employees are encouraged to tune in to the media outlets for information updates (WNEP Channel 16 will only make verbal announcements and post information on their website).

Current information is also posted on the Tobyhanna website. Go to www.tobyhanna.army.mil/employees/weather.html to read the latest updates.



Over the top

The Spike It Volleyball League kicked off Feb. 7 at the Mack Fitness and Recreation Center. Seven teams play on Mondays and Wednesdays from 5:30-7:30 p.m., each vying for their chance at the trophy. On Feb. 16, players on the Army Strong and Toby’s Finest teams (from left) Ulyesis Cannon and Catarius Anderson fire the ball over the net to Bernie Fryer, Jeremy Smith and Ryan Craig. Two games are played each night and trophies will be awarded at the end of the season following the championship game scheduled for March 23. Teams are comprised of people from around the depot and include players from a local church. Teams include the Swatters, Hitting Bricks, Toby’s Finest, Volleyball 4 Jesus 1A and 1B, Slammers, and Army Strong. Hitting Bricks is in first place; Slammers and Army Strong are in second. (Photo by Tony Medici)

Noontime softball league gets under way

by George Kofira
Commissioner

Even though snow covers the baseball diamond, the Noontime Softball League is already making plans for the upcoming spring practice and summer season. The league is encouraging all of last season’s teams to field a team this year. Plus, the league is looking for new teams to participate. Remember that Rule #1 in noontime softball is that the league is a fun league, meant to get the players and spectators out in the sunshine and fresh air — to take a needed break from work and enjoy playing and watching a softball game. It’s not about winning a trophy or putting together a team to rival the New York Yankees. It’s about the game itself.

A simple game played during the best time of the year, summer. There are 20 players on a team. Players need to make sure they can play the entire season and umpire assigned games. Ball players also cover the team when others are on leave and on temporary duty. Also if you are an individual looking for a team, contact George Kofira, X58465 or george.kofira@us.army.mil.



Tim Knabel whacks 29 home runs, earning him the top award, during the 2010 Home Run Derby. (Photo by Steve Grzezzdzinski)

SCHEDULE OF EVENTS
March: Managers and assistant managers meeting. Includes new team managers
April: Practice month for all softball teams with fixed practice days and times
May-June: League play
July: Homerun Derby
August: Final month of league play. Rain-outs and make-up games are scheduled
Septmber: Playoffs start Sept. 12

LEAGUE OFFICERS
Commissioner: George Kofira
Asst. Commissioner: Jason Menago
Asst. Commissioner: Guy Nese
Rules and Umpire Committee: Menago, Nese, Joe Hall, John Jones, Tom Baldacci, Jack Andrejko, John Kovacs, Stephen Beck, Dawn Heffler, Jake Wren , Andre Bailey and Ashley Lancia
Stats and Scheduling: Menago



John Novak

Duty title: Engineering Technician
Directorate: Production Engineering

John Novak deployed once to Afghanistan to work on the biometrics automated tool set (BAT). While there he inventoried, distributed equipment and instructed U.S. and coalition military on the use of the BAT. He also briefed new users on system capabilities. “Training the warfighter on the capabilities and use of BAT equipment was very rewarding,” said Novak. “At times it was a challenge determining the amount of equipment and training a unit required based on their mission, in a timely manner.” Deploying to Southwest Asia was a once in a lifetime opportunity, according to Novak. “The experience of working and living with the Soldiers was unforgettable,” he said.

Pamela Sawyer

Duty title: Civilian Pay Technician
Directorate: Resource Management

Sawyer has deployed to Southwest Asia once in support of the global war on terrorism. While in Afghanistan, she performed duties in support of the communications security (COMSEC) mission. Her day-to-day responsibilities while there included repairing and replacing secure communications equipment, packaging and shipping equipment to Tobyhanna, maintaining inventory and database files, plus maintaining an inventory of equipment received. Sawyer admits that eating the food was a challenge for her; however, she encourages other people to deploy. “It was rewarding to help the Soldiers, by keeping them supplied with lifesaving equipment,” she said. “It’s very fulfilling work.

Volunteers provide on-site support in positions around the globe. Work schedule is typically 7 days per week, 12 hours per day. Overtime pay, locality pay, holiday pay, Sunday premium, Foreign Post Differential and danger pay are all offered based on eligibility. Training opportunities are available to individuals interested in volunteering for a deployment or temporary duty assignment. Supervisory approval is required before volunteering to deploy. The following intranet link offers more information on deployment opportunities and points of contact: <http://intranet.tobyhanna.army.mil/Intranet/contacts/view.cfm?MenuID=5111>

HOW ARE WE DOING?

www.tobyhanna.army.mil

TOBYHANNA CUSTOMER SATISFACTION SURVEY

Click on the customer service link to rate depot support, services